

Hurting the Helper

Ephesians 4:25-32

Introduction

Do not quench the Spirit (1 Thess 5:19)

Do not grieve the Spirit (Eph 4:30)

I. The Sin of Grieving the Spirit (30)

A. What it *is not*

B. What it *is*

II. The Specifics of Grieving the Spirit (25-29, 31-32)

A. Lying

B. Stealing

C. Unrighteous Anger

D. Corrupt Speech

E. Bitterness

1. Bitterness
2. Wrath
3. Anger
4. Clamor
5. Slander
6. Malice

III. The Solution to Grieving the Spirit

Conclusion